

**ATHLETES PREPARING TO COMPETE
COACH - TEACHER-INNOVATIVE APPROACH**

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***Abstract:** regular athletes to achieve success in sports competitions in the improvement of general and special members sports a guarantee of achievement prep is go. Trenirovka intertwined with the process of sports training tools and the improvement of the periodic stages. Athletes preparing to compete in the article coach - the function of the teacher, the issue of introduction of innovative technologies studied.*

***Keywords:** sports, tactics, sports coach, sports psychology, innovation, special training, physical training.*

All of the republic of uzbekistan, economic, social, cultural and realization in the sphere of physical culture and sports of many has been accelerated. On these types is manifest especially in sports. Of the republic of Uzbekistan “physical culture and sport” of funds for the year 2015 on September 4-394 dated law, as well as the year on march 9, 2017 “the year of Tokyo 2020 athletes of Uzbekistan (Japan) in the city of a matter concerning the preparation for the Olympic games and the Paralympic games conducted xxx on the UP-2821 – decree, dated the 3rd June, 2017. “mass on to ravage of physical culture and sports”, PP-3031-dated and the development of mass physical culture and sports of the republic of Uzbekistan in the years 2019-2023 Concept made a great contribution to the development of this sector, who serve as normative legal documents.

The year 2019 the cabinet of ministers of the republic of Uzbekistan of February 13 118-the number “2019-2023 years during the development of mass physical culture and sports of the republic of Uzbekistan on approval of conception in accordance with the”: “all segments of the population, especially the youth, with innovative forms and mechanisms of physical training and sports of providing wide to cover the development and implementation of the organization”-was noted [1,2,3,4,5,6,7,8].

As it is known, the social essence of man in the form of suitable to the requirements of society the people of the area called the education system, teacher teacher or the person carrying it out is called. Teacher-honoured teacher of personal and social requirements of the times have been focusing on the quality of each being teachers for improvement, requirements, go get more complicated.

To operate effectively, the teacher's motivating lessons of methodical developments of a thorough work out from, as opposed oriented technology education students in relation to the activities of the student teachers ' personal and joint activities with the given serves to create the conditions necessary for independent mastering of educational materials. Science, technical, production and the rapid development of technology has opened new prospects in all spheres of society and development. The construction of the state and the society of mankind relating to the old social relations of experience in the area of regulation, the decision of the advanced approach based on a new approach to bring find. At the same time to the social life of the republic at a severe speed the flow of information is entered and will not cover a wide scope [9,10,11,12,13,14,15].

The quality hobbies sports athletes in the current period of physical and moral development of the continuous expansion of its comprehensive level of knowledge in the case of full aimed at nurturing organize the process of pedagogical result is achieved.

So the general principles of sports training in physical education corresponds to the direction of the system, thus the sport as noted in that develops without a single goal to be comprehensive, and conscious creative activity is one of the tools to obtain.

Ways to deal with a growing number of young sports athletes in appointing the result includes the period. Workout the content of the composition will change according to the logic of the age of features and achieve high results. Workout the stage in terms of limiting the age of the characteristics of types of sports, the athletes will change based on your personal characteristics and other requirements [16,17,18,19,20].

Athletes involved, training to compete in the process of physical preparation coach – teacher by the development of the law - the rules and the final result which guarantees utilize strategic, tactical, creative, pedagogical, psychological, technological jarayonlarnijadal master, bettering, creative relationship - is an innovative approach.

Strategy - in the area of military, politics, sports and other processes, the situation in a pre-planned to achieve the goal of the study is the way of effective action on the basis of achievement. Tactic (tass the Greek Uzbek language the term “saflayman”, “order”, “filtered” means.) - defined is a complex of methods and means used to achieve this goal. Art is subject to operational tactics and strategy. “Sports intelligence”- of a sportsman strategic information on an opponent, the competition is held, where they learn and spark and adapted to the conditions [21,22,23,24,25].

Coach - creative activity of the teacher (the English language from “create “creative” imaginative, creative) – new ideas presented as independent factors to the production of increased readiness coach unwanted content descriptive and creative ability. Creative legal solutions to the problems that face the competition the coach and athlete to assume ready for an innovative approach based on scientific theoretical alternative(alternative)compared to the check and appropriate

change the decision on the finding of a particular action based on the results of their solutions at a higher level than the conflict of represents a new creative approach [26,27,28,29,30].

Creative approach - unlike the traditional approach and the thinking coach in the training of athletes from training efficiency resolve existing problems as well as create new ideas which serve to provide a description of the preparations which are positive. Available as the ability to achieve a clearly defined goal to eliminate the hassle of random problems rational, Mastery be solved with the.

The description of creative interaction: Coach of the idea of fluency; be worthwhile to send the idea; the specific (originality); curiosity, assuming the ability to create a fantasy of making out tests, the athletes ability, proficient in technical education and sports of the disabled and assessment methods will be applied to your learning process, learning advanced foreign experience on the field and able to spend creative colleagues, in practice it may be used. Through continuous independent read literature on the area of the new methods, knowledge, skills, and training may go by[31,32,33,34]. Coach – teacher of athletes, persuade them to get access to confidence going for, be sure of maintaining independent thinking skills, speech, find the way to take to heart, communicative enter into dialogue arguably the technological skill.

Motivation skills - the sum of local athletes in the sports field and its creative, scientific and practical activity prone to the most important mark. (Local – or to read the summary of the positive reasons motivating a man to perform certain actions. Activity associated with predisposition to satisfy the specific needs of athletes)[35,36,37,38,39,40].

Innovative processes in the field of sports, coach reformation the demands of intensive assimilating teacher, an innovative approach to prepare athletes to compete, the training quality and the efficiency is high, level organization standard of the world will be involved in the process of

training and competition and the athletes independent-minded, talented, active to be engaged, to obtain the expected results is guaranteed.

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